

March/April 2016

# Institute for Early Learning

Professional Development and Training in Early Care and Education

Registration for March/April 2016 classes begins February 10, 2016 at 7:30 p.m.

The Institute for Early Learning facilitates professional development of individuals working with young children through responsive educational opportunities related to early care and learning.

Fairfax County  
Office for Children  
Office for Children – Institute for Early Learning  
Fairfax County Dept. of Family Services  
12011 Government Center Parkway, Ste. 920  
Fairfax, Virginia 22035-1102

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## Cancellations

A recorded message will be available at 703-324-3044 if a class has been cancelled due to an emergency situation or inclement weather.

- Online [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc) 703-324-4018
- Automated Phone 703-324-4018
- Fax 703-803-0116
- Mail Office for Children 12011 Government Center Pkwy. Ste. 920 Fairfax, VA 22035

## Registration Form

Child care professionals may register:

Registration ID	First Name	Last Name
Home Address	City	ZIP code
Phone	Email	
Course #	Course Title	Start Date
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Registration for March/April 2016 classes begins Wednesday, February 10, 2016 at 7:30 p.m.

**1657-01 Customs and Cultures**  
Explore cultural traditions that can be integrated into early learning programs serving families from diverse backgrounds. (CDA Areas 2, 3, 4)  
**Tuesdays, March 1, 8 and 15**  
**7 – 9 p.m.**  
Location: **MS213**  
Three 2-hour classes for 6 hours credit

**1447-01 Infants and Toddlers: Discover the Possibilities of Play**  
Learn to identify the types and stages of play and effective ways to allow very young children to explore and learn. (CDA Areas 2, 3, 8)  
**Wednesday, March 2**  
**6:30 – 8:30 p.m.**  
Location: **CRL**  
One 2-hour class for 2 hours credit

**1658-01 Art for Preschoolers: Weaving**  
Explore ways to use common materials as the base for creative weaving experiences. (CDA Areas 2, 3)  
**Wednesdays, March 2 and 9**  
**7 – 9 p.m.**  
Location: **MS208**  
Two 2-hour classes for 4 hours credit

**1567-02 Little Picassos – Fun Ways to Paint**  
Discover unusual, inexpensive and fun ways to help children put paint to paper. Please come dressed to paint. (CDA Areas 2, 3)  
**Thursday, March 3**  
**7 – 9 p.m.**  
Location: **MS208**  
One 2-hour class for 2 hours credit

**1379-01 Kitchen Science for Preschoolers**  
Explore science discoveries that can be made using common kitchen ingredients. (CDA Areas 2, 3)  
**Mondays, March 7 and 14**  
**7 – 9 p.m.**  
Location: **MS208**  
Two 2-hour classes for 4 hours credit

**1577-01 Providing Emotional Support for Young Children**  
Learn how to establish a positive learning climate that creates a sense of trust and security for young learners. (CDA Area 3)  
**Tuesdays, March 8 and 15**  
**7 – 9 p.m.**  
Location: **MS211**  
Two 2-hour classes for 4 hours credit

**1344-01 The Project Approach**  
Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's curiosities about the real world. (CDA Areas 2, 3)  
**Thursdays, March 10 and 17**  
**6:30 – 8:30 p.m.**  
Location: **DML**  
Two 2-hour classes for 4 hours credit

**1564-01 Happiness Matters**  
Explore strategies to create happiness and success throughout the day in early learning programs. (CDA Area 3)  
**Thursdays, March 10 and 17**  
**6:30 – 8:30 p.m.**  
Location: **RBL**  
Two 2-hour classes for 4 hours credit

**1643-01 Wolf Trap: Creative Movement for Infants and Toddlers**  
Explore ways to create movement-based experiences to enhance infant and toddler development. (CDA Areas 2, 3)  
**Saturday, March 12**  
**10 a.m. – 1 p.m.**  
Location: **CEWT**  
One 3-hour class for 3 hours credit

**1565-01 Helping Children Cope with Childhood Fears**  
Discover ways to use a variety of early childhood story books to help children understand and cope with typical childhood fears. (CDA Areas 2, 3)  
**Wednesdays, March 16 and 23**  
**7 – 9 p.m.**  
Location: **MS213**  
Two 2-hour classes for 4 hours credit

**1576-01 Creating Engaging Environments**  
Examine organizational strategies and materials that inspire children to explore and become engaged in problem-solving activities and learning opportunities. (CDA Areas 1, 2, 3)  
**Saturday, March 19**  
**9:30 a.m. – 12:30 p.m.**  
Location: **MS211**  
One 3-hour class for 3 hours credit

**1503-01 Learning About Nature: Reptiles and Amphibians**  
Learn to identify, appreciate and understand reptiles and amphibians so you can share the joy of nature with the children in your program. (CDA Areas 2, 3)  
**Saturday, March 19**  
**9:30 a.m. – 12:30 p.m.**  
Location: **HONC**  
One 3-hour class for 3 hours credit

**1521-01 More Kitchen Science for Preschoolers**  
Extend hands-on science discoveries for young children by providing additional learning opportunities using simple kitchen ingredients. (CDA Areas 2, 3)  
**Mondays, March 21 and 28**  
**7 – 9 p.m.**  
Location: **MS208**  
Two 2-hour classes for 4 hours credit

**1483-02 The Music and Movement Connection**  
Discuss what research indicates about the importance of combining movement with music in early learning environments. (CDA Areas 2, 3)  
**Tuesdays, March 22, 29 and April 5**  
**7 – 9 p.m.**  
Location: **MS211**  
Three 2-hour classes for 6 hours credit

**1592-01 Connecting Learning and Play**  
Discuss the importance of play in early childhood and explore ways to balance learning experiences with children's interests. (CDA Areas 1, 2, 3)  
**Thursdays, March 24 and 31**  
**6:30 – 8:30 p.m.**  
Location: **SRL**  
Two 2-hour classes for 4 hours credit

**1612-02 Creative Art: Printmaking**  
Learn the process of printmaking with young children using many types of common, everyday materials. (CDA Areas 2, 3)  
**Thursdays, March 24 and 31**  
**7 – 9 p.m.**  
Location: **MS208**  
Two 2-hour classes for 4 hours credit

**1589-01 Science for Early Learners**  
Discuss ways to promote higher level thinking through exploration, experimentation and discovery. (CDA Areas 2, 3)  
**Tuesdays, March 29 and April 5**  
**6:30 – 8:30 p.m.**  
Location: **ChRL**  
Two 2-hour classes for 4 hours credit

**1616-01 Making Time Work**  
Gain personal insight into your daily responsibilities and develop strategies to organize time for effective work/ life balance. (CDA Areas 5, 6)  
**Wednesdays, March 30 and April 6**  
**7 – 9 p.m.**  
Location: **MS213**  
Two 2-hour classes for 4 hours credit

**1604-01 Art for Preschoolers: Clay**  
Learn about the developmental progression of children's art as you explore the medium of clay. (CDA Areas 2, 3)  
**Monday, April 4**  
**7 – 9 p.m.**  
Location: **MS208**  
One 2-hour class for 2 hours credit

**1650-02 Creative Storytelling**  
Integrate movement, art and language experiences to enhance stories for young children. (CDA Areas 2, 3, 8)  
**Thursdays, April 7, 14 and 28**  
**7 – 9 p.m.**  
Location: **MS211**  
Three 2-hour classes for 6 hours credit

**1658-02 Art for Preschoolers: Weaving**  
Explore ways to use common materials as the base for creative weaving experiences. (CDA Areas 2, 3)  
**Mondays, April 11 and 25**  
**7 – 9 p.m.**  
Location: **MS208**  
Two 2-hour classes for 4 hours credit

**1559-01 Building Engineering Skills**  
Discover how young children are natural engineers by engaging in hands-on construction experiences and using materials in new ways. (CDA Areas 2, 3)  
**Mondays, April 11, 18 and 25**  
**7 – 9 p.m.**  
Location: **MS211**  
Three 2-hour classes for 6 hours credit

**1606-02 Creative Movement for Preschoolers**  
Explore creative ways to engage preschool children in active and fun movement experiences. (CDA Areas 2, 3)  
**Tuesdays, April 12 and 19**  
**7 – 9 p.m.**  
Location: **MS205**  
Two 2-hour classes for 4 hours credit

**1629-02 Nurturing Young Minds**  
Explore the dynamics of learning by investigating the integration of brain function, cognitive development, and social-emotional skills. (CDA Areas 2, 3)  
**Tuesdays, April 12, 19 and 26**  
**7 – 9 p.m.**  
Location: **MS211**  
Three 2-hour classes for 6 hours credit

**1344-02 The Project Approach**  
Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's curiosities about the real world. (CDA Areas 2, 3)  
**Thursdays, April 14 and 21**  
**6:30 – 8:30 p.m.**  
Location: **BCL**  
Two 2-hour classes for 4 hours credit

**1644-01 Wolf Trap: Using Drama to Enhance Social-Emotional Development**  
Explore drama strategies that promote empathy, respect, self-control, kindness, cooperation, problem solving and self-confidence in young children. (CDA Areas 2, 3)  
**Saturday, April 16**  
**10 a.m. – 1 p.m.**  
Location: **CEWT**  
One 3-hour class for 3 hours credit

**1571-02 Young Children and Humor**  
Explore ways to use humor to connect with children through games and learning experiences. (CDA Areas 2, 3)  
**Saturday, April 23**  
**9:30 a.m. – 12:30 p.m.**  
Location: **MS211**  
One 3-hour class for 3 hours credit

**1661-01 Learning About Nature: Birds**  
Learn to recognize birds in our region so you can share the joy of nature with the children in your program. (CDA Areas 2, 3)  
**Saturday, April 23**  
**9:30 a.m. – 12:30 p.m.**  
Location: **HONC**  
One 3-hour class for 3 hours credit

### Class Location Key

In the class description, the number following the location key is the room.

**BCL**  
Burke Centre Library  
5935 Freds Oak Road, Burke 22015

**CEWT**  
Center for Education at Wolf Trap  
1635 Trap Road, Vienna 22182

**ChRL**  
Chantilly Regional Library  
4000 Stringfellow Road, Chantilly 20151

**CRL**  
Centreville Regional Library  
14200 St Germain Drive, Centreville 20121

**DML**  
Dolley Madison Library  
1244 Oak Ridge Avenue, McLean 22101

**HONC**  
Hidden Oaks Nature Center  
7701 Royce Street, Annandale 22003

**MS**  
Resource Center at Main Street  
10201 Main Street, Fairfax 22030

**PEN**  
Pennino Building  
12011 Government Center Pkwy., Fairfax 22035

**RBL**  
Richard Byrd Library  
7250 Commerce Street, Springfield 22150

**SC**  
South County Center  
8350 Richmond Highway, Alexandria 22309

**SRL**  
Sherwood Regional Library  
2501 Sherwood Hall Lane, Alexandria 22306

## Family Child Care Business Classes – Family child care providers may also enroll in six Family Child Care Business classes throughout the year.

**USDA Child and Adult Care Food Program Orientation**  
Discover how the USDA Food Program will benefit your family child care business. This workshop is only for providers who are not part of the USDA Food Program. (CDA Area 5)  
A Fairfax County child care specialist will provide a certificate for 2 hours credit after the provider joins the food program.

**1814-03 Tuesday, March 1, 7 – 9 p.m.**  
Location: **SC221C**

or

**1814-04 Tuesday, April 5, 7 – 9 p.m.**  
Location: **PEN1034**

**1805-12 Como hacer crecer su negocio de cuidado de niños**  
Aprenda maneras de conducir un negocio exitoso de cuidado infantil que incluya técnicas efectivas de mercadeo y archivo de registros. (CDA Area 5)  
**Jueves, 10 de marzo**  
**7 – 9 p.m.**  
Location: **PEN206**  
Una clase de 2 horas por 2 horas de crédito

**1800-01 Child Abuse and Neglect Recognition and Response**  
Explore the signs of child abuse and neglect. Review and discuss mandatory reporting guidelines. (CDA Area 5)  
**Monday, March 14**  
**7 – 9 p.m.**  
Location: **PEN206**  
One 2-hour class for 2 hours credit

**1833-01 Safe Sleep, SIDS and Shaken Baby Syndrome**  
Learn ways to reduce the risk of Sudden Infant Death Syndrome through Safe Sleep practices. Discuss the dangers of Shaken Baby Syndrome and explore techniques to help calm infants. (CDA Area 1)  
**Monday, March 28**  
**7 – 9 p.m.**  
Location: **PEN206**  
One 2-hour class for 2 hours credit

**1890-02 Infant Nutrition**  
Learn about infant development, age appropriate foods and nutritional needs to help promote optimal health in the first year of life. (CDA Areas 1, 2)  
**Thursday, April 14**  
**7 – 9 p.m.**  
Location: **PEN206**  
One 2-hour class for 2 hours credit

**1806-01 Growing Your Child Care Business – The Next Step**  
Learn winning ways to grow your family child care business, including low cost marketing, interviewing skills and business planning. (CDA Area 5)  
**Saturday, April 16**  
**9 a.m. – 12 p.m.**  
Location: **SC221**  
One 3-hour class for 3 hours credit

**1855-02 Safety and Supervision**  
Learn about the important role of supervising play and making sure children are safe while exploring the early learning environment. (CDA Areas 1, 5)  
**Tuesday, April 19**  
**7 – 9 p.m.**  
Location: **SC221**  
One 2-hour class for 2 hours credit

**1803-01 Emergency Preparedness**  
Enhance your emergency response plan by discussing strategies for communication and evacuation as well as supplies needed. (CDA Area 5)  
**Monday, April 25**  
**7 – 9 p.m.**  
Location: **PEN206**  
One 2-hour class for 2 hours credit

Register Online at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc) beginning February 10, 2016 at 7:30 p.m.

Staff will be available until 8:30 p.m. to answer training questions and provide assistance on the first day of registration.

 **For information** (not for registering)  
email: [childcareclasses@fairfaxcounty.gov](mailto:childcareclasses@fairfaxcounty.gov)  
phone: 703-324-3044

Fairfax County  
 Office for Children

 Fairfax County Department of  
Family Services

 A Fairfax County, VA  
Publication



Fairfax County is committed to providing equal access to all its citizens and activities. In compliance with applicable law, reasonable accommodations will be provided upon request. Call 703-324-3044, or TTY 711.